

Part 3 A New Model of Obesity

Chapter 7 **INSULIN**

Questions

1. What is the difference between Type 1 Diabetes and Type 2 Diabetes?

p. 79 and pp. 85-86

2. How do we see that when insulin levels increased, weight increased in Type 1 Diabetes patients prescribed insulin?

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3. How do we see that when insulin levels increased, weight increased in Type 2 Diabetes patients prescribed insulin?

pp. 80-81

4. What is the evidence of a *causal* link between insulin and weight gain in diabetics prescribed oral hypoglycemic agents?

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5. In non-diabetic patients, how do increased insulin levels correspond with increased weight and decreased insulin levels correspond with decreased weight?

pp. 81-82

6. What factor in non-diabetic medications leads to weight gain?
pp. 84-85

7. Why is insulin a major controller of body set weight?
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8. How is obesity a '*hormonal*' dysregulation of fat accumulation?
pp. 86-87

9. Compare insulin and leptin levels in thin people and obese people.
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10. What is the most crucial question in obesity?
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